



Parent Newsletter

RESPONSIBLE FATHERHOOD MONTH

June is Responsible Fatherhood Month — and at Action for Children, we celebrate it because fathers and father figures matter, every day. This month is for the dads who are showing up, doing the work, and shaping the future of their kids and their communities.

Below are a few tips from real fathers and father figures for being present with your children and being a part of their growth and development.

Share with a dad in your life! 

Did you know that Action for Children supports fathers and father figures through our FatherUp services? Scan the code to learn more.



Andrew, 1 child

“Some of my favorite ways to spend time with my son are contact naps and walks down to our local old town graveyard with him in the baby carrier. Lately, we’ve been doing a lot of teaching him how to properly pet our cat.”



Danny, 3 children

“I love getting my boys to help when I have a house project. They love learning new skills and tools. For my daughter, she really loves to wrestle! She comes up to me randomly asking to wrestle, and boy does she have some killer moves!”



David, 1 grandchild

“Even though I’m not physically with my grandson, I make a point to video call with him and his parents each week and visit when I can. It’s been awesome to see him develop new skills and personality, even from afar. I’m a very proud Pop-Pop!”



PAPER PLATE ALIEN SPACESHIPS

Inspired by A Little Delightful

SUPPLIES NEEDED:

- 2 paper or plastic disposable plates
- 1 paper or plastic bowl
- 1 plastic clear cup
- Aluminium foil
- Stapler or glue
- Stickers to decorate
- Pom-poms
- Pipe cleaners
- Googly eyes (optional)

INSTRUCTIONS:

1. Cover two paper plates and a bowl with aluminum foil. Glue or staple the bowl upside down onto one plate to create the top of the spaceship.
2. Create an alien by decorating a pom-pom with googly eyes and pipe cleaner antennae, or cut an alien shape from construction paper and add a small folded tab at the bottom so it can stand upright.
3. Attach your alien to the top of the foil-covered bowl with tape or glue.
4. Place the clear plastic cup over the alien to create the spaceship's dome, then secure it with tape or glue.
5. Decorate the spaceship with stickers, foam shapes, or other craft supplies. Attach the second plate to the bottom if desired, then get ready for an out-of-this-world adventure!

Coming Up...

KidsLinked Columbus Children's Festival | FREE
June 20 | 10am - 4pm

Sign up for the Annual KidsLinked Columbus Children's Festival, packed with fun activities and a chance to find summer camps & family resources

Commons for Kids | FREE
Fridays, June 5 - Aug. 14* | 10am - 1pm

Free kid-friendly fun including inflatables (available select weeks), face painting, hands-on educational activities, crafts, and carousel rides.

**No event on June 19 and July 3*

- (June 12) Environmental Day
- (June 26) Celebrate Summer

7-Day Connection Challenge

Need a little reset? Lose your phone for 15 minutes and try one of these activities!

- Share a favorite memory
- Read short story
- Take a walk
- Play a game
- Draw something
- Ask your child, "What made you smile today?"
- Call, text, or video chat with someone you love

Record how the challenge made you feel!